

Amity University Haryana
Amity Institute of Behavioural and Allied Sciences
Counseling and Culture

30th Jan 2015 - 31st Jan 2015

Amity Institute of behavior and allied sciences organized a Two day workshop on Counseling and culture conducted by Prof. Frederic P Bernak from University of Massachusetts, Amherst. Prof. Frederic P Bernak was welcomed by Prof. Rishipal, Head of AIBAS and by Prof. Padmakali Banerjee, Pro Vice Chancellor of AUH. The workshop was conducted from 30th Jan 2015 to 31st Jan 2015, which was attended by over 85 students including Undergraduates and Post Graduates of B.A Applied, B.Sc Clinical Psychology and M.A Applied, M.Sc clinical psychology students and PG Diploma Counseling Students

On Day one, the session started at 10.00 am ended by 4:30 pm and was initiated with an introduction to Importance of Counseling and use of counseling in diverse fields. The workshop included the types of counseling along with its applications and researches in the field. Activities, role play were also included so that students would understand how counseling happens. Knowledge regarding the career development counseling was also imparted with the help of examples and shared experiences.

On Day two, the session started at 10:00 am and ended at 4:00 pm which was initiated with cultural awareness for professionals including topics like cultural competence, cultural safety and cultural intelligence included with counseling.

The workshop laid emphasis on bringing insight among students on how counseling is conducted and how cultural diversity is impacted in counseling

The session ended with a note of thanks led by Ms. Priyanka Verma and certificate distribution